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Prescribing *for Value*

A pocket guide for prescribers
on therapeutic alternatives
to high-cost medications

Vanderbilt Health
Affiliated Network

Introduction

This guide is designed to help prescribers quickly identify which drugs in particular classes can reduce costs with no sacrifice in clinical benefit. By using this guide, you can help manage healthcare costs for patients, their families and employers, and VHAN's entire region.

The data in this document represents the average cost of a 30-day retail prescription for commonly prescribed drugs and therapeutic alternatives. Costs are based on Aetna data for the 4th quarter of 2020.

Actual costs for your patients will vary depending on their employers' contracts, but this guide shows reliable trends in cost differences among medication options within particular classes, even if your patients do not have Aetna insurance.

If your practice would like to consult with a network pharmacist on any of these medication classes or other pharmacy issues, email info@vhan.com or contact your Population Health Associate.

For a digital copy of this material, please visit www.vhanhub.com/pharmacy

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Average Total Script Cost Retail (normalized to 30-day supply) for Aetna book of business from Managed Care Monitor 4th Quarter 2020 data. Where Aetna data is not available, cost is based on average cost per 30-day supply across VHAN plans.

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Acne (Topical)

\$ Least Expensive	\$10.00	OTC benzoyl peroxide wash or gel 10%
	\$22.00	OTC adapalene (Differin) gel 0.1%
	\$24.66	Clindamycin MIS Pad 1%
	\$52.86	Clindamycin Gel 1%
	\$56.11	Clindamycin Solution 1%
	\$58.81	Clindamycin/benzoyl peroxide gel 1.2% - 5%
	\$73.29	Tretinoin Cream 0.025%
	\$76.44	Clindamycin Lotion 1%
	\$87.25	Sulfacetamide lotion 10%
	\$108.02	Tretinoin Cream 0.05%
	\$113.70	Tretinoin Cream 0.1%
\$135.51	Adapalene gel 0.3%	

\$\$ More Expensive	\$187.18	Clindamycin/benzoyl peroxide gel 1-5%
	\$188.33	Adapalene-benzoyl peroxide gel 0.1-2.5 %
	\$275.93	Erythromycin/benzoyl gel 5%-3%
	\$310.61	Dapsone Gel 5%
	\$381.60	Ziana Gel (clindamycin-tretinoin)

\$\$\$ Most Expensive	\$503.77	Amzeeq (minocycline 4% foam)
	\$548.74	Riax Aerosol 9.5% (benzoyl peroxide foam)
	\$558.66	Dapsone Gel 7.5%
	\$582.68	Epiduo Forte Gel 0.3-2.5% (adapalene-benzoyl peroxide)
	\$606.24	Onexton Gel 1.2-3.75% (clindamycin/benzoyl peroxide gel)
	\$615.58	Atralin Gel 0.05% (tretinoin)
	\$815.90	Aczone Gel 7.5% (dapsone)
	\$830.71	Azelex Cream 20% (azelaic acid)
	\$913.24	Veltin Gel (clindamycin-tretinoin)
	\$918.48	Retin-A Micro Gel 0.06% (tretinoin)
	\$918.96	Retin-A Micro Gel 0.08% (tretinoin)
	\$1,118.44	Fabior Aerosol 0.1% (tazarotene)
	\$1,822.64	Clindagel 1% Gel (clindamycin)
	\$3,095.67	Adapalene Pad 0.1%

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ADHD

\$ Least Expensive	\$29.06	Methylphenidate IR
	\$40.48	Amphetamine/dextroamphetamine IR (generic Adderall)
	\$49.84	Guanfacine ER ADHD (generic Intuniv)
	\$86.71	Dextroamphetamine (generic Dexedrine)
	\$113.44	Amphetamine /dextroamphetamine ER (generic Adderall XR)
	\$126.59	Dexmethylphenidate IR (generic Focalin)
	\$153.76	Dexmethylphenidate ER (generic Focalin XR)
	\$173.33	Clonidine XR-ADHD (generic Kapvay)
\$175.99	Atomoxetine (generic Strattera)	

\$\$ More Expensive	\$226.48	Methylphenidate ER (generic Metadate, Concerta)
	\$223.11	Adderall XR (amphetamine/dextroamphetamine ER)*
	\$271.92	Aptensio XR (methylphenidate XR)
	\$298.08	Mydayis (amphetamine/dextroamphetamine ER)
	\$315.58	Adhansia XR (methylphenidate SR)
	\$317.23	Quillichew ER (methylphenidate ER chew tab)
	\$324.71	Vyvanse (lisdexamfetamine)
	\$349.38	Intuniv (guanfacine ER)
	\$351.14	Adzenys ER (amphetamine SR)
	\$394.85	Jornay PM (methylphenidate ER)
	\$482.82	Zenzedi (dextroamphetamine)
	\$409.04	Quivillant (methylphenidate suspension)
	\$409.51	Focalin XR (dexmethylphenidate ER)
	\$414.27	Cotempla ODT (methylphenidate ER oral disintegrating tablet)
	\$420.29	Daytrana DIS (methylphenidate patch)
	\$428.40	Adderall IR (amphetamine/dextroamphetamine)
\$455.11	Concerta (methylphenidate ER)	
\$466.88	Evekeo (amphetamine)	

\$\$\$ Most Expensive	\$833.83	Kapvay (clonidine ER)
	\$574.94	Strattera (atomoxetine)
	\$391.48	Ritalin LA (methylphenidate ER)
	\$726.66	Methamphetamine (generic Desoxyn)
	\$1,850.15	Dexedrine CR (dextroamphetamine)

*Some health plans may prefer the brand name for Adderall XR. It is acceptable to write the prescription for the brand name, and the pharmacy can substitute the generic product based on insurance coverage.

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Anticonvulsants

\$ Least Expensive	\$18.53	Zonisamide (generic Zonegran)
	\$17.09	Valproic Acid (generic Depakene)
	\$19.09	Topiramate IR (generic Topamax)
	\$30.14	Levetiracetam (generic Keppra)
	\$30.46	Lamotrigine (generic Lamictal)
	\$37.32	Phenytoin ER (generic Dilantin)
	\$56.53	Carbamazepine (generic Tegretol)
	\$63.10	Divalproex ER (generic Depakote)
\$\$ More Expensive	\$217.44	Tiagabine (generic Gabitril)
	\$338.21	Clobazam 20 mg (generic Onfi)
	\$347.79	Felbamate (generic Felbatol)
	\$389.17	Depakote (divalproex)
\$\$\$ Most Expensive	\$941.18	Keppra (levetiracetam)
	\$942.07	Vimpat (lacosamide)
	\$1,093.10	Trokandi XR (topiramate long acting)
	\$1,396.69	Gabitril (tiagabine)
	\$1,414.64	Lamictal XR (lamotrigine)
	\$1,434.76	Aptiom (eslicarbazepine)
	\$1,903.47	Zonegran capsules 100mg (zonisamide)
	\$2,008.86	Felbatol tablet 400 mg (felbamate)
	\$2,058.14	Onfi (Clobazam 20 mg tablet)
	\$3,290.37	Banzel (refinamide) tablet 400mg
	\$11,496.81	Vigabatrin tablet 500mg
\$20,849.61	Sabril (vigabatrin) tablet 500mg	

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Antifungals (Topical for Onychomycosis)

\$ Least Expensive	\$36.38	Ciclopirox Solution 8%
\$\$\$ Most Expensive	\$1,969.88	Oxistat Cream 1% (oxiconazole)
	\$941.82	Ertaczo Cream 2% (sertaconazole)
	\$1,065.68	Jublia Solution 10% 8 ml (efinaconazole)
	\$1,567.10	Kerydin Solution 5% (tavaborole)

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Anti-Inflammatory Agents (Topical)

\$ Least Expensive	\$10	OTC Salonpas Patch,* Gel (camphor 3.1%, menthol 6%, methyl salicylate 10%)
	\$16	OTC Diclofenac Gel 1% (Voltaren)
	\$72.64	Diclofenac Gel 1%

\$\$ More Expensive	\$111.13	Voltaren Gel 1% (diclofenac)
	\$130.40	Diclofenac Solution 1.5%

\$\$\$ Most Expensive	\$554.35	Diclofenac Dis 1.3% (generic Flector Patch)
	\$667.38	Flector Dis Patch 1.3% (diclofenac epolamine)
	\$2690.44	Pennsaid Solution 2% (diclofenac)

*OTC store brand generic products may be less expensive.

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Antineoplastic or Premalignant Lesion Agents (Topical)

\$ Least Expensive	\$76.28	Efudex cream 5% (fluorouracil)
	\$132.26	Fluorouracil solution 5%
	\$167.71	Fluorouracil Cream 5%

\$\$ More Expensive	\$272.88	Tolak Cream 4% (fluorouracil)
	\$473.59	Efudex Cream 5% (fluorouracil)
	\$409.38	Levulan Kera Solution 20% (only 1 dose) (aminolevulinic acid)
	\$253.14	Diclofenac Gel 3%

\$\$\$ Most Expensive	\$1,182.21	Fluoroplex Cream 1% (fluorouracil)
	\$2,127.81	Picato Gel 0.015% (only 3 days Tx) (ingenol)
	\$2,821.63	Carac Cream 0.5% (fluorouracil)
	\$5,865.95	Valchlor Gel 0.016% (mechlorethamine)
	\$7,930.13	Panretin Gel 0.1% (alitretinoin)
\$29,630.03	Targretin Gel 1% (bexarotene)	

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Corticosteroids (Topical)

\$ Least Expensive	\$5.00	OTC Hydrocortisone 1% Cream (very low potency)
	\$5.54	Hydrocortisone 2.5% Cream/Ointment (low potency)
	\$8.60	Triamcinolone 0.025% Cream/Ointment (medium potency)
	\$11.16	Triamcinolone 0.1% Cream/Ointment (medium potency)
	\$15.96	Augmented Betamethasone 0.05% Cream (very high potency)
	\$16.81	Triamcinolone 0.5% Cream/Ointment (high potency)
	\$84.18	Clobetasol 0.05% Solution/Cream/Ointment (very high potency)
	\$122.15	Betamethasone Dipropionate 0.05% Lotion (high potency)
\$\$ More Expensive	\$35.06	Mometasone 0.1% Cream/Solution (medium potency)
	\$63.41	Fluocinolone acetonide 0.025% Cream (medium potency)
	\$70.11	Betamethasone dipropionate 0.05% Cream (high potency)
	\$105.77	Desonide 0.05% Cream/Ointment (low potency)
	\$151.79	Clobetasol 0.05% Foam
	\$199.84	Clobetasol 0.05% Spray (very high potency)
	\$217.02	Desonide 0.05% Lotion
\$\$\$ Most Expensive	\$944.50	Sernivo 0.05% Aerosol (betamethasone dipropionate spray)
	\$990.80	Verdeso 0.05% Aerosol (desonide foam)
	\$1,011.15	Calcioptriene 0.005%-Betamethasone 0.064% ointment
	\$1,034.63	Ultravate 0.05% Lotion (halobetasol)
	\$1,114.76	Apexicon E Cream 0.05% (diflorasone)
	\$2,248.14	Taclonex Suspension (calcipotriene 0.005%-betamethasone 0.064%)

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Epinephrine

\$ Least Expensive	\$293.66	Epinephrine Pen
	\$251.36	Symjepi
\$\$ More Expensive	\$645.05	EpiPen Jr 2-pak
	\$641.17	EpiPen 2-pak
\$\$\$ Most Expensive	\$4624.01	Auvi-Q

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HMG Co-Reductase Inhibitors (Statins)

\$ Least Expensive	\$3.91	Lovastatin (generic Mevacor, Altoprev)
	\$6.85	Simvastatin (generic Zocor)
	\$7.28	Pravastatin (generic Pravachol)
	\$10.07	Atorvastatin (generic Lipitor)
	\$27.27	Rosuvastatin (generic Crestor)

\$\$ More Expensive	\$85.63	Fluvastatin (generic Lescol)
	\$132.30	Pravachol (pravastatin)

\$\$\$ Most Expensive	\$209.54	Zypitamag (pitavastatin magnesium)
	\$221.66	Zocor (simvastatin)
	\$263.72	Crestor (rosuvastatin)
	\$305.51	Livalo (pitavastatin)
	\$410.95	Lipitor (atorvastatin)
	\$907.60	Altoprev (lovastatin)

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Local Anesthetic (Topical)

\$ Least Expensive	\$13.27	OTC AneCream 4%* (lidocaine cream)
	\$9.99	OTC Salonpas 4%* (lidocaine patch)
\$ More Expensive	\$127.36	Lidocaine Patch 5%
	\$162.01	Lidocaine Ointment 5%
\$ Most Expensive	\$321.91	Synera Patch (lidocaine 70 mg-tetracaine 70 mg)
	\$934.72	Lidoderm Patch 5%

*OTC store brand generic products may be less expensive.

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Metformin

\$ Least Expensive	\$4.26	Metformin tablet
	\$5.50	Metformin ER (generic Glucophage XR)
\$ \$ More Expensive	\$42.85	Glucophage XR
\$ \$ \$ Most Expensive	\$532.11	Metformin ER - Osmo tablet (generic Fortamet)
	\$1,928.93	Fortamet (Metformin ER 24-hour tablet)
	\$1,649.12	Metformin ER 24-hour tablet (generic Glumetza)
	\$6,334.46	Glumetza

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Neuropathic Pain

\$ Least Expensive	\$11.64	Duloxetine (generic Cymbalta)
	\$12.50	Venlafaxine ER (generic Effexor XR)
	\$13.25	Venlafaxine (generic Effexor)
	\$19.09	Topiramate (generic Topamax)
	\$26.41	Gabapentin (generic Neurontin) (neuropathic pain)

\$ More Expensive	\$36.64	Desvenlafaxine succinate ER (generic Pristiq)
	\$158.70	Pregabalin (generic Lyrica)

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Nonsteroidal Anti-inflammatory Agents (NSAIDs)

\$ Least Expensive	\$2.65	Meloxicam
	\$4.37	Naproxen
	\$8.93	Ibuprofen
	\$11.94	Nabumetone
	\$12.11	Diclofenac sodium
	\$12.17	Sulindac
	\$13.93	Indomethacin
	\$26.66	Indomethacin ER

\$\$ More Expensive	\$60.86	Celecoxib
	\$72.99	Ketorolac
	\$74.69	Oxaprozen
	\$105.05	Diclofenac with misoprostol (generic Arthrotec)

\$\$\$ Most Expensive	\$525.13	Celebrex (celecoxib)
	\$640.31	Zorvolex 35mg (diclofenac)
	\$704.60	Naprelan ER (naproxen)
	\$860.34	Vivlodex (meloxicam)
	\$1,387.79	Zipsor (diclofenac)
	\$1,949.77	Sprix Spray (ketorolac 8-day supply)
	\$1,973.45	Ketoprofen capsule 25mg
	\$2,229.08	Fenoprofen 200mg
	\$2,333.77	Duexis (ibuprofen-famotadine)
\$2,418.47	Vimovo (naproxen-esomeprazole)	

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Ophthalmic Prostaglandins

\$ Least Expensive	\$6.91	Latanoprost Solution 0.005% (generic Xalatan)
\$ \$ More Expensive	\$123.69	Bimatoprost Solution 0.03% (generic Lumigan)
	\$158.71	Travoprost Drops 0.004% (generic Travatan Z)
\$ \$ \$ Most Expensive	\$218.23	Zioptan Drops 0.0015% (tafluprost)
	\$224.46	Travatan Z Drops 0.004% (travoprost)
	\$241.04	Lumigan Solution 0.01% (bimatoprost)
	\$246.86	Xalatan solution 0.005% (latanoprost)
	\$247.67	Vyzulta Solution 0.024% (latanoprostene)

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Proton Pump Inhibitors

\$ Least Expensive	\$6.87	Omeprazole (generic Prilosec)
	\$6.93	Pantoprazole (generic Protonix)
\$\$ More Expensive	\$50.48	Lansoprazole (generic Prevacid)
	\$71.26	Rabeprazole (generic Aciphex)
	\$92.09	Esomeprazole (generic Nexium)
\$\$\$ Most Expensive	\$298.11	Dexilant (dexlansoprazole)
	\$318.42	Nexium (esomeprazole)
	\$499.39	Prevacid (lansoprazole)
	\$600.66	Protonix (pantoprazole)
	\$644.54	Aciphex (rabeprazole)
	\$788.16	Omeprazole/NaBicarb (generic Zegerid)
\$4,098.74	Zegerid (omeprazole/NaBicarb)	

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Testosterone

\$ Least Expensive	\$57.01 Testosterone enanthate injection
	\$53.71 Testosterone cypionate injection

\$\$ More Expensive	\$175.56 Testosterone Gel 1% (50 mg)
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\$\$\$ Most Expensive	\$428.88 Fortesta Gel 2% (transdermal gel 10mg/actuation)
	\$305.08 Testosterone Gel Pump (30mg/Actuation)
	\$784.55 Natesto Gel (nasal gel 5.5mg/actuation)
	\$706.63 Androgel Gel 1% (50mg/actuation)
	\$931.71 Testim Gel 1% transdermal gel (50mg/5g)
	\$815.84 Androgel Gel 1% transdermal gel (25 Mg/2.5g)
\$1,202.38 Androgel Gel 1.62% transdermal gel (20.25mg/1.25g)	

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Tetracyclines

\$ Least Expensive	\$27.98	Minocycline capsule 100mg
	\$35.37	Doxycycline monohydrate 100mg
\$\$ More Expensive	\$63.79	Minocycline ER 24-hour release tablet (generic Solodyn)
	\$82.03	Doxycycline hyclate capsules
	\$92.42	Doxycycline hyclate tablets
\$\$\$ Most Expensive	\$258.04	Demeclocycline tablet
	\$504.79	Tetracycline capsule
	\$840.35	Ximino (minocycline ER 24-hour release capsule)
	\$818.58	Targadox 50 mg tablet (doxycycline hyclate)
	\$1,041.78	Acticlate 75 or 150 mg tablet (doxycycline hyclate)
	\$1,234.76	Solodyn (minocycline)
\$1,124.99	Doryx 200 mg tablet (doxycycline hyclate)	

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Urinary Antispasmodics

\$ Least Expensive	\$19.46	Oxybutynin chloride (generic Oxytrol)
	\$33.19	Oxybutynin chloride ER (generic Ditropan XL)
	\$58.87	Solifenacin (generic Vesicare)
	\$74.03	Tolterodine tartrate (generic Detrol)
	\$119.66	Tolterodine tartrate ER (generic Detrol LA)
	\$72.03	Tropium chloride (generic Sanctura)

\$\$ More Expensive	\$48.35	Flavoxate (generic Urispas)
	\$189.05	Darifenacin ER (generic Enablex)
	\$157.10	Tropium chloride ER (generic Sanctura XR)

\$\$\$ Most Expensive	\$367.81	Vesicare
	\$441.07	Toviaz
	\$558.66	Myrbetriq
	\$1032.37	Detrol LA

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The background of the image is a teal-to-blue gradient. In the upper right quadrant, there are several overlapping, semi-transparent circles of varying shades of teal and blue, creating a modern, abstract design.

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